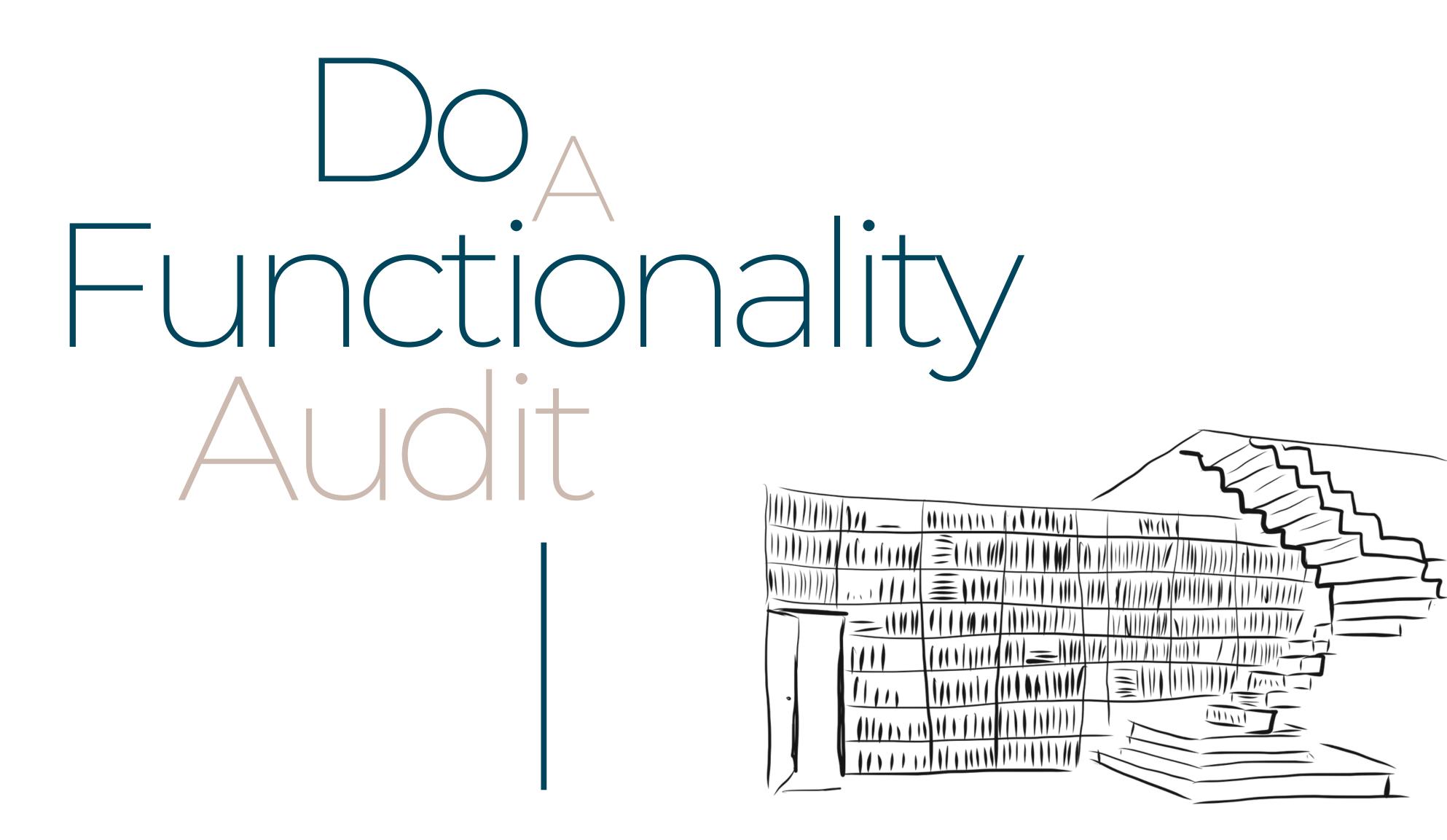
COBALT BLUE

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Ask yourself a couple of questions about the various rooms and spaces you spend time in.

- Where do you spend most of your time?
- What do you do in those rooms or spaces?
- Where specifically do you sit / lie / stand in those rooms when you're using them? Why?
- Are there any rooms or spaces that rarely get used? Why's that?

Your answers to these questions can help you to better understand the current functionality of your home.



Clear out the clutter

A few treasured objects can bring personality to a room. But your belongings should never be allowed to overwhelm the functionality of a space. Don't feel burdened by items because they were gifted to you, or because they happen to be family heirlooms. You can hold onto the sentiment without holding onto the actual object (or without it being on show). Also try not to buy new furnishings or accessories just because you like the look of them. Ask yourself if the item is aesthetically pleasing and fulfills a function within the room. Only when an item ticks both boxes should you head to the checkout!

- DETERMINE YOUR WHY.
- CHOOSE YOUR DECLUTTERING METHOD. IDEALLY AREA BY AREA.
- CLEAR A WORK SURFACE.
- GET 4 BAGS/BOXES. LABEL THEM TRASH/RECYCLE, KEEP, DONATE, HOLDING/UNSURE.
- REMOVE ALL ITEMS FROM THE AREA OR CATEGORY YOU ARE DECLUTTERING.
- PICK UP EACH ITEM INDIVIDUALLY AND DECIDE WHICH BOX TO PUT IT IN.
- TAKE CARE OF DECLUTTERED ITEMS RIGHT AWAY.
- PUT KEEP ITEMS BACK WHERE THEY BELONG.





Go minimal with furnishings

Remove any furniture not being used. Any furniture needs to serve a purpose.

Don't be afraid of empty space, there should always be space within a room for life to actually take place.





Lean in to a multi-functional space

If your kitchen needs to allow for food preparation, dinning and the day job etc.

Consider how to pack away each task when they have been fulfilled. So the space feels fresh for each function.

Make use of awkward spaces

Alcoves, bay windows, shallow closets...

These spaces often have unrealized potential. They can be used to house storage units, extra shelving, a cozy reading corner or even a fold-away workstation.



